

# HIMALYO®



## HIMALYO Tibet LADY CAPS



### Short Description:

*A purely natural extract from the fruits of the Tibetan sea buckthorn and cranberries, enriched with a unique probiotic complex developed for the specific needs of women in their intimate area.*

### Long Description:

Most women face so-called “women’s problems” – urological and gynecological ailments – frequently during their lives. In order to avoid the need for repeated treatment, it is better to prevent problems and take care of the intimate area properly.

Tibet Lady was developed with the specific needs of women in mind. It contains a unique combination of plant extracts from the highest quality varieties of cranberry and the sea buckthorn. In addition, these components are enriched with a unique probiotic complex designed especially for women.

Tibet Lady ingredients have the following benefits for women’s health:

- They act as an antioxidant and have a positive effect on the overall condition of the body
- They have a positive effect on healthy sleep and help manage stress
- They support the body’s natural defenses

### Main claims for online marketing:

- For women’s intimate problems
- Natural product for women’s problems
- Cranberry, sea buckthorn and probiotic complex developed specifically for women

### Ingredients:

Ingredients 1 capsule: organic sea buckthorn fruit extract (standardized for high Omega 3-6-9 content) 200 mg, Canadian cranberry fruit extract (standardized for high content of proanthocyanidins PAC) 200 mg, probiotic complex 5 mg (Lactobacillus acidophilus 1× 10<sup>8</sup> CFU, Bifidobacterium bifidum 1× 10<sup>8</sup> CFU, Lactobacillus plantarum 1× 10<sup>8</sup> CFU, Lactobacillus rhamnosus 1× 10<sup>8</sup> CFU, Lactobacillus fermentum 1× 10<sup>8</sup> CFU, Lactobacillus reuterii 1× 10<sup>8</sup> CFU), plant capsule (hydroxypropylmethylcellulose), filler (10 mg). 60 capsules

### Recommended dosage:

2 capsules twice a day

### Target customer:

- Women 30–50

## Benefits:

### **Tibetan Sea Buckthorn**

The original sea buckthorn variety has been used in Ayurvedic and Tibetan medicine for thousands of years and is often called the plant of the future. Sea buckthorn fruits have been widely used in the Himalayan region, especially to support immunity, to induce healthy sleep habits, to cope with stressful situations and to suppress feelings of fatigue and exhaustion.

Modern medicine is also beginning to use this superfood more frequently because sea buckthorn not only contributes to the support of the immune system and the cardiovascular system, but is also an antioxidant and has a positive contribution on the overall wellness of the body.

### **Canadian Cranberry**

(Standardized for high content of Proanthocyanidins PAC)

For many centuries, cranberries have been known for their beneficial health effects. Regular consumption was recommended for recurrent urinary tract infections and urethritis. Even today's modern medicine is fully aware of the benefits of cranberries and often uses them in treatment. Canadian cranberry fruits also contain substances that have antioxidant effects, thus helping to reduce the production of harmful free radicals in the body's tissue.

Last, but not least, cranberry supports the proper function of the immune system and contributes to the overall resistance of the body.

### **Lactobacillus**

For the proper functioning of the human body, healthy and optimally functioning intestinal microflora is necessary to protect the body from various diseases. Effective probiotics, especially lactobacillus, help keep the body fit. Lactobacilli are lactic acid bacteria that colonize the digestive tract, improving the environment of the intestinal microflora.

In addition to improving intestinal microflora, lactobacilli form part of the mucosal flora of the vagina of women of childbearing age. It is a mixture of lactobacilli, which is often called Döderlein's lactobacillus. These bacteria create an acidic environment in the vagina by fermenting glycogen from decaying epithelium tissue to lactic acid. A low pH protects the mucosa from colonization by other microorganisms. In addition, lactobacilli can produce H<sub>2</sub>O<sub>2</sub>, which also inhibit the growth of other bacteria. Lactobacillus, therefore, contributes significantly to maintaining a healthy vaginal balance.

## Warning:

Not intended for children under 3 years. During pregnancy and lactation consult your doctor before using. Dietary supplements are not intended to be used as a substitute for a balanced diet. Do not exceed the recommended daily dosage! Store in a dry place, out of direct sunlight, at a temperature of 10–25 °C.

## Categories:

Dietary supplement. Dietary supplements for women, urinal problems, gynecological problems.

## Target distribution:

Online pharmacies, brick and mortar pharmacies, health food stores, health and beauty stores – dietary supplements, drug stores – dietary supplements

## Logistics:

EAN	8594193243044
Content	60 capsules
Weight (kg)	0.056
Height (mm)	100
Width (mm)	80
Depth (mm)	63
Pieces per carton	8
Pieces per pallet	1.152
Customs code	2106 90 92